

U. S. Sending Equipment To Bolster Greek Army
ATHENS, GREECE—The U. S. government decided to send to Greece equipment necessary to reorganize the Greek army, in accordance with decisions reached at the Yalta conference. Undersecretary of War Spaulding announced. The equipment will be sent on a lend-lease agreement reached when King George and Emmanuel Tsouderos, then premier, went to Washington.

Found Relief
 It was by accident that in the search for food many of the old remedies for the relief of pain, for stimulation and hypnosis were discovered. The poppy of Asia Minor contributed the opium for the alleviation of pain and morphine, one of its constituents, even today is held in high repute as an indispensable analgesic in medical practice. According to legend the use of the extract of the coffee bean as a stimulant was the result of the observation of Arabian goatherds that goats which had eaten the berries of the coffee plant continued to be active over long periods of time. History does not record the number of victims who suffered and sometimes died in their search for knowledge and its proper utilization for the benefit of mankind. That their number is legion there can be no doubt.

Meat Alternate
 A valuable meat alternate is cottage cheese, which at present requires no points. Cottage cheese is not only an important protein food, but it has an excellent value in various minerals and vitamins. Since it is easily digested, it may be used in the meals of young children, older people, and convalescents, as well as of others. Advantages of cottage cheese are its bland flavor, the fact that it combines well with many different foods and seasonings, and that it is quick and easy to use in a wide variety of hot and cold dishes from first courses to dessert.

Shortage of tobacco plants due to blue mold.

Cold-Frame
 For the cover of a satisfactory cold-frame, a storm sash will work just as well as a regular hinged sash. The frame itself can be constructed of old boards. A few cracks will cause no trouble. If leaves, straw, or soil is banked along the sides, a basement window, preferably on the south side of the house, is an ideal location, with the frame built around it. The best will then enter from the basement. When the sun is shining on warm spring days, the front edge of the sash should be propped up for ventilation, otherwise too much heat will be created inside the frame. When it is warm enough, remove the sash so the small plants become accustomed to the full sunlight. Seeds of hardy vegetables, such as cabbage, onion, leek, lettuce, and of hardy annual flowers, such as larkspur, bachelor buttons and calendula, may be planted in boxes in early March and placed in such a frame, using the basement window as a door. When large enough to handle, they should be transplanted to provide space for stocky growth. These plants will be ready for the garden as soon as the soil can be prepared. Frost-tender plants, such as tomato, pepper, eggplant, zinnia and marigold, should be seeded in early April and set in the open when danger of frost is past.

Army Communications
 In spite of the increasing use of radio, wire is still the basic means of army signal communications. In the European theater and in Italy the telephone, telegraph and teleprinter are carrying the message. The requirements for the field and assault wire in the European theater alone exceed 3,000 miles a day. Noteworthy progress has been made in the simplification of signal equipment by moisture-proofing, fungus-proofing and hermetically sealing components and equipment. Through the use of synthetics and alternate materials and by improved production techniques in the manufacture of thousands of procurement items, substantial savings in critical materials have been effected.

Gas ration goes up a notch.

Stonewall

Stonewall, May 23.—The beauty contest at the Stonewall school last week's visit to North Carolina, Friday night was quite a success, and a large sum was realized from it.

C. T. Drinkard and son, Wade, attended a P. F. A. banquet at the Virginia Hotel in Lynchburg last Thursday night.

Mrs. O. R. Tamm and Miss Mildred Morgan attended the Howard Johnson last Sunday.

Miss Anne Cavell of Falls Mill spent the week-end with Mrs. C. L. Ditzend.

Miss Mary Archer Caldwell, of Lynchburg spent Sunday with Miss Anne Cavell.

Mrs. J. W. Simmons, of Lynchburg spent the week-end with Mrs. C. L. Ditzend.

Mr. and Mrs. Parks Jennings, of Sunday with her mother, Dr. D. A. Christian and family, at Appomattox.

Mr. and Mrs. J. R. Morris and son, Robert visited in the home of Mr. and Mrs. C. T. Drinkard last Sunday.

Miss Edna Adeck spent the week-end with her mother at Madison Heights.

Miss Margaret Stratton, Lynchburg spent the week-end with her parents, Mr. and Mrs. P. B. Stratton.

Rev. and Mrs. C. L. Ross, of Onley, Va., are visiting Rev. and Mrs. Zane Grey Ross.

R. L. Moore continues ill at his home near here.

Morton Cooper, Card pitcher, is expected to return.

Mrs. R. D. Sears visited in the home of E. P. Sears Sunday afternoon.

Mrs. H. J. Covington and baby.

At Your Service

All business transactions should be conducted in a business-like manner.

May we suggest for SAFETY, ECONOMY and CONVENIENCE the services of our SPECIAL CHECKING ACCOUNT.

The size of your account is immaterial. You may open one with as little as \$5.00. Do it today. We will be pleased to serve you.

A GOOD BANK - IN A GOOD TOWN - FOR EVERYBODY

The Bank of Appomattox

MEMBER F. D. I. C.

Hixburg

Hixburg, May 22.—Farmers are busy getting tobacco land ready for planting. Plants will be large enough by another season. Blue mold has been had in this section.

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BACK UP YOUR BOY
 Increase your payroll savings to your family life.

For The Asking
 We offer a complete knowledge of insurance and a keen appreciation of agency service.

JOHN L. CATES, JR.
 OCCIDENTAL LIFE INSURANCE CO.
 REAL ESTATE
 Phone 4 — 1403
 Appomattox, Va.

J. A. Burke & Co.
 General Insurance Agency
 Appomattox, Va.
 Phone 4902.

SERVICE MENS NEWS
 ST. ALEX FRANKLIN

PFC. ROY WARRINER

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A dual plan was set up to boost E Bond sales:

First, teams of salesmen will "hit the road" next week to make a close canvass of the county, from house to house. So far as possible issuing agents with bonds and free tickets to the War Bond Movies, will accompany each team, and issue bonds as sold. An effort is being made to enlist twenty canvassers to give at least one full day each in this "big push."

Second, the committee will arrange to give free prices at the War Bond Premiere at the Lee Theatre June 25. The prizes total \$275 in War Bonds, with the top prize of a \$100 bond offered in the class of \$1,000 bond purchases.

W. E. Hancock, chairman of the county War Price and Ration Board, requests that all applications for coming sugar allotments be filed with the local board by no later than June 15th.

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Put 'em and Keep 'em
WAR BONDS

A Live Weekly Newspaper, Serving the Heart of Virginia's Great Dark Tobacco Belt; At Historic Appomattox, Virginia, Where War Ended, April 9, 1865.

APPOMATTOX, VIRGINIA THURSDAY MAY 31, 1945

ESTABLISHED